



2026 TRAINING CALENDAR



APRIL		JUNE		JULY		SEPTEMBER		NOVEMBER	
8	EMERGENCY FIRST AID AT WORK 9.30AM - 2.30PM	29	2 DAY PAEDIATRIC FIRST AID 9.30AM - 2.30PM	21	CUSTOMER SERVICE TRAINING 1PM-3PM	29	EMERGENCY FIRST AID AT WORK 9.30AM - 2.30PM	6	LEVEL 2 FOOD HYGIENE TRAINING 9.30AM - 1PM
20	LEVEL 2 FOOD HYGIENE TRAINING 9.30AM - 1PM	30							

EMERGENCY FIRST AID

A 5-hour course covering CPR, shock, unconscious casualties, defibrillator use, bleeding, choking, seizures, heart attacks, strokes and minor injuries. Successful learners gain a three-year HSE-recognised workplace certificate.

LEVEL 2 FOOD HYGIENE TRAINING

Covers food poisoning, hazards, hygiene, pest control, temperature control, cooking and allergen laws. Includes a short test, leading to a widely recognised Level 2 Food Safety certificate.

PAEDIATRIC FIRST AID

A two-day course for anyone working with or caring for children. It covers CPR, shock, unconscious casualties, defibrillator use, choking, bleeding, seizures, minor injuries and key childhood illnesses, leading to a three-year accredited certificate.

CUSTOMER SERVICE TRAINING

This training covers effective communication, handling difficult situations, building positive relationships, problem-solving and creating great customer experiences. Ideal for anyone in public-facing roles or looking to strengthen their customer care skills.