



# Miners Court Day Centre

Open Mondays, Tuesdays & Thursdays  
9:30am – 3:30pm

We'd like to welcome you to our Day Centre where you can:

- Meet new people
- Enjoy a range of fun activities such as:
  - Wellbeing Sessions
  - Cooking
  - Arts & Crafts
  - Music Sessions
- Buy delicious home cooked lunches (available 7 days a week)
- Be supported by our fully trained Carers and friendly Day Centre staff

For more information and prices please call us on

**01209 217970**

